

“Being Thankful” 1 Thessalonians 5:18

“ ‘Thank you’ is the _____ that anyone could say. I say that a lot. Thank you expresses extreme gratitude, humility, _____.”
Alice Walker

I. As Christians, we should be the _____.
We do not want to be like the nine men, who were shown extreme _____ by JESUS, yet had _____ to say thank you. Luke 17:11-19

II. Paul stated: (did he have an _____ life? OR a _____ life?)

1. In everything, - means _____, every day, in every situation
Are you a _____ person? Do you _____ to thank God for the good things, in your life, big and small?

2. Give thanks, Offering praise and thanks is a _____ we must make.
The _____ our circumstances are, the more important it is to be grateful for those circumstances.

3. For this is GOD’s Will, Grateful not for what _____ to you, but it is GOD’s Will that you express your _____ in your Heavenly Father in the midst of this, no matter what _____ is.

4. For you, GOD has a _____ plan for your life, and HE wants to use _____ to help and benefit you.

5. In CHRIST JESUS. HE is our _____. And this is what HE _____ from us.

III. Gratitude to GOD and to others:

1. Is fundamentally _____.
(vs. _____)

2. Makes us _____ what GOD has done for us. This must become a constant habit and _____.

3. Gets your focus off _____, and your needs. It helps you to be less _____. This will improve your _____ health automatically.

4. Makes us _____ the life that GOD has given us, rather than be _____ of what others have, and we do not. This produces _____. Phil. 4:11-13

5. Pushes away _____ and depression, because it draws us into the _____ of our Great King.

6. Makes us _____ with others.

7. Is important when things are _____. But it is far more important to be thankful when things are not going so well. We have to learn to

appreciate the good and the bad. Thanking GOD during _____ allows HIM to do HIS very best work in us, and for us, and increases our trust in HIM.

8. Is _____. It must be modeled, everywhere. _____ and _____ are also contagious. (and deadly) Numbers 14:20-23

9. Lack of gratitude is _____ to GOD and to others.

10. Should be an _____ part of our Prayer Life.

The first structure I (Steve) learned for prayer was:

A.

C.

T.

S.

11. Is a _____ to be thankful for the gift of life no matter how difficult our path is because we are assured that God is _____, and that HE will get us through.

Pastor's Counsel:

A. If you are down, why don't you make _____ of all the things that you are grateful for?

B. See if you can spend _____ in prayer, doing nothing but thanking GOD for as many things as you can think of.

C. _____ a lifestyle of gratitude.

